

3. Did Not Take Any Class Note in Elementary School

3.1 In the garden next to the horse and cloud sneak house easily.

My father's house at Khaosan Road was next to his brothers and sisters' houses. They are Phra Chaiyasatra Rachasapabordi, Khunying Viengnainarubal (Ketutut) and Khunying Abhaironarit (Amatayakul). One of their plots of land was rented to be a school from kindergarten to elementary level. The school and our house share a fence with a door between the house and the school.

I would go to school thru the common door without having to go out to the street. Anytime I was bored at school, I could sneak back home thru the common door. The house was very big, so the chance to be caught sneaking back from school to the house was low. There were many buildings and a lot of trees. Sometimes, I would climb up the fruits tree such as mango tree and rose apple tree. I would take water and sauces up the tree. Clean the fruit with water and eat it with the sauce right on the tree. It was sometimes said that I was as naughty as a monkey who likes to climb trees.

3.2 Used Thread to Make Web Like WWW.

One day I was not interested in what the teacher was teaching and so I sneaked back home. I got in the bedroom and wanted to find something to enjoy. I found a lot of rolls of colour threads. So, I used the colour thread to make spider's web linking the poles on the bed and the door, windows, tables, chairs, closet doors, etc. Then pretended to be the spider moving from one point to the other on the web. It was fun and I did not realize at that time that what I was playing with would be similar to WWW on the Internet I later enjoyed so much. The difference was that my web at that time was limited to only my bedroom and the WWW is connecting to whole world allowing me to travel all over the world in a few seconds.

3.3 My Father Could Make any Fruit and Vegetable Delicious Pickle.

My father told me that my grandmother (his mother) was very skillful in preserving fruits and vegetables. Even some fruits and vegetables nobody made into pickle my grandmother could. For example, very young Durian many people would throw away, my grandmother could make into pickle and many people said it was delicious but I have not tasted it.

As earlier said, the house at Khaosan Road was very big with a lot of buildings. At the central building, there was a dining room in the old Thai style with many many windows on all four sides. There were low cupboards near all

the windows and jars of pickles on top of all the cupboards, such as pickles ginger, pickle lemon, pickle onion, pickle garlic, pickle tamarine, pickle mango, pickle rose apple, pickle cabbage, pickle broccoli, pickle romaine, pickle papaya, etc.

At meal times, almost every dish could be taken with the pickles, such as red curry, green curry, rose pork, rose chicken, fried duck, fried fish, etc. Sometimes, when there was nobody in the vicinity, I would open the jars and used toothpick to take out the pickles to eat for fun.

It is not a good practice to eat a lot of pickles but nature may help by requiring that to make pickles, one must use the fresh fruits and fresh vegetable. Especially, in case of fruits, before making them into pickles, I would enjoy eaten them raw. For example, I would eat the good and sweet rose apple and made only the not-so-good and not-so- sweet ones into pickle. As a matter of fact, rather than making the young mango and young tamarine into pickle, we could also used them in other dishes which might also be delicious.

3.4 Eating Fruits and Vegetables and Exercising Regularly

Helping my father collect fruits and vegetables for him to make into pickles made me addicted to eating fresh fruits such as rose apple and mango to banana. In addition to Namwa banana and Kai banana, my father loved Hugmuk banana which is good for regulating bowel movement.

In my car, there an always a number of foods I could take it I am very hurry going from one meeting to another meeting. My ready to eat food in the car include milk in carton, crispy little fish, Namwa banana. In case of crispy little fish, my father liked to eat with watermelon. I also like eating crispy little fish with watermelon but it is not convenient to eat watermelon while driving the car. In case of crispy little fish, it could be either Thai or Chinese style. In summary, ready to eat food in my car include not only banana and crispy little fish but also cashew nut, almond, fruit juice, milk and water.

I was asked how much time I used to eat food each day. I told the question that I “eat to survive” and not “survive to eat”. Some of my friends take several hours each day to travel to varies places to eat. In my car, I am very conscious about food. I do not eat starch such as rice, noodle, bread, etc. I get carbohydrate from fruits such as banana and mango. My breakfast usually include a piece of salmon and vegetable, followed by fruits such as apple, banana, orange, nutty, mango, etc. Then, I would drink a glass of milk and fresh fruit juice such as orange juice, grape juice, or tomato juice. It take about 10 minutes to have breakfast. For lunch and dinner I also eat fish, vegetable and fruits. Altogether from the three meals each day I could not eat any rice, noodle, or bread or Thai style sweet. I usually take 15-20 minutes for either lunch or dinner.

In summary, with a day of 24 hours, I sleep 7 hours, eat 1 hour, leaving 16 hours to work. I follow the principle of “work like play and play like work”. I have never get serious or bored with anything. I am always happy with working

just like playing. When I play, I always found some useful ways to play. If anybody like to have a position I am holding, I would be glad to give it to him if he is qualified. Then, I would establish a new position for myself. The first example is at Assumption University. I proposed and the Board of Trustees approved for me to become Chairman of the Executive Board and Chief Executive Officer, probably the first and my CEO in universities in Thailand.

For exercising, I have been doing it from the time I was a very young boy. I love to play and run all day long, play hide and seek, run and catch, rope jumping, etc. Furthermore, my father wrote a book on exercising in Thai poem. A sample passage is ‘Self culture is the name of the game claim your fame practicing exercise...’ I exercise regularly about 3 times a week, each time about 20-30 minutes. I like low impact aerobic with any lovely girl I can choose from the VDO. One of my friends went to an aerobic center and dance with real-lit girls. The girls dance for hours. My friend was so tired but could not stop for fear of losing faces. Eventually, his knees and ankles were damaged. The doctor could not help and criticized ... for not realizing that he was not as young as the girls. In my case, I can stop any time I want and continue any time I want. I have the remote control to control the girls in the VDO to stop and resume as often as I want.

In conclusion, if you should not be too serious, not bored and exercise regularly and be confused with your food, eating a lot of vegetables, fruits and fishes. If you can do what I have been doing, your body and mind will be healthy. In addition, if you enjoy your work, you will not get old. Many foreigners comment that “Prof. Srisakdi does not have time to get old.” It is all up to your mind. If your mind is old, your body would be old. If your mind is not old, your body would not be old. I have about 200 classes. Over 60 of them have passed away because they stop working at 60 and get wilted and gone.

3.5 Money is Work, work is Money to be Happy

When I was young, I lived in my father’s house at Khaosan Road which is now a tourist area with a lot of foreigners and Internet Cafes. In the old days, Khaosan Road was very quiet. There were many mansions. One of them was the residence of Phraya NitisatraBaisalya. One side of the house is on Khaosan Road and the other side Soi Rambutri. There were about 100 people in the house. So, my father allowed the street vendors to enter the house to sell edibles. Any members of the house can purchase any food he or she likes. Sometime, they purchased all that the vendor had. Seeing the vendors made a lot of money, I got an inspiration to sell something for money.

My father’s house had a beautiful garden with flowers and shrubs. First I planted mints around the flower plants and cut the mints to sell at the market. There were two problems. The first problem was that my father did not appreciate seeing mints around the flower plants. The second problem was that I did not get as much money as I wished. Worse is that I used the money for selling mints to buy things to eat at the market. So, I changed the tactic from producing the

product my sell to becoming a reseller. I negotiate with cookie shop to buy cookies at low price and tried to sell there at Sanamluang. Again I did not get as much profit as I wished and so I stopped the practice.

My father wanted to teach his children to work to earn an income. For example, he ordered me and my brothers to get under the first floor of the house and get rid of termite by applying the insecticide. He specified the time like 1-2 hours for us to be under the first floor. We pretended to obey him by taking works to play. One poseur would move around and make noise such as knocking the pillars for my father to hear. The other would enjoy playing card. I think my father knew that we were playing card but he did not want to pressure us too hard. As long as we applied insecticide as required have pretended not to know what else use did. Sometime, my father would order the gardener to stop watering the plant and pay his children to also the job instead.

Later when I grew up a bit, I followers my father to Thammasat University where he tough “History of Law”. The class included over 100 and most of them like to have the text of his lecture. So, I took notes of the lecture. There took the note to be type written by the typist from the Public Relation Department which is on the road from over house to the university. I proofread the document and have it round. I made a lot of profit by selling the note. Sample student at that time are H.E. Chuan Leekpai and H.E. Samak Sundaravej. In marking the exam, my father would be relaxing on his sofa drinking whisky. I would read the student’s answer to him. A student may quote away book and any law but if a student either the opinion of Phraya NitisastraBaisalya. He would get a better grade. Any student wanting to know his grade before it is official enounced could ask from me.

3.6 Compose a Story by Contributing 1-3 Sentences Each

In addition to running and playing game, there was and activity I introduced and very body seemed to enjoy. All player should sit a circle and draw lots. There rearrange the seating for 1, 2, 3, ... The first one start a story will 1-3 sentences. The second one contributed 1-3 sentences. Whatever anybody contributed, nobody could ... As an example, the first player might say “Once up on a time, a men who herring his dinner”. The second player might say “What that man was eating included rice, soup, and fish with sauce”. The third player might say that “A giant was passing by end notice the smell of the first and without to eat some”. The fourth player might say “The giant shouted that he want to eat the fish and if the man did not give the fish to him he would do something”.